Cause of Degredation	Impacts	Possible Restoration Tech
Tidal Restrictions	<ul> <li>Decrease sediment inputs and depress elevations.</li> <li>Reduce salt water exchange.</li> <li>Encourage encroachment of fresh and brackish invasive species.</li> <li>Effect distribution of estuarine fish.</li> </ul>	<ul> <li>Remove tide gates</li> <li>Install self-regulating tidegates or tide management.</li> <li>Install properly sized culverts and kee of debris.</li> </ul>
Filling and Dumping	<ul> <li>Raise elevation converting tidal habitat to upland habitat.</li> <li>Smother salt marsh plants.</li> <li>Disrupt hydrology and restrict tidal flow.</li> <li>Encourage encroachment of fresh, brackish, and upland species.</li> </ul>	<ul> <li>Excavate and remove fill or debris to appropriate elevation.</li> <li>Grade to regain appropriate topograph</li> <li>Perform open marsh water management</li> </ul>
Grid-Ditching and/or Draining, for Mosquito Control or Agriculture	<ul> <li>Disrupt hydrology.</li> <li>Effect distribution of estuarine fish.</li> <li>Decrease sediment inputs and depress elevations.</li> <li>Loss of salt pannes.</li> </ul>	<ul> <li>Discontinue maintenance of grid ditcl excavated soils back into ditches.</li> <li>Perform Open marsh water managem</li> </ul>
Excess Freshwater Runoff, Diversions, and Storm water Discharges	<ul> <li>Reduce soil and water salinity.</li> <li>Encourage encroachment of invasive species such as <i>Phragmites australis</i>.</li> <li>Increase nutrient inputs and associated algal blooms.</li> </ul>	<ul> <li>Properly divert freshwater runoff.</li> <li>Use retention ponds, proper waste wa facilities, and storm water management</li> <li>Restore tidal flow (see above)</li> </ul>
Encroachment of Invasive Species, such as Common Reed ( <i>Phragmites australis</i> ) or Purple Loosestrife ( <i>Lythrum salicaria</i> ). *This form of degradation is often associated with the above causes.	<ul> <li>Remove salt marsh vegetation.</li> <li>Reduce biodiversity.</li> </ul>	<ul> <li>Restore tidal flow (see above).</li> <li>Remove upper several inches of soil, rhizomes ("skimming").</li> <li>Mow, mulch, cover plants (with black conduct prescribed burns, or apply her offlood and submerse vegetation for an period of time.</li> </ul>

 Table 5-2 Causes of Impacts on Tidal Marshes and Techniques for Restoration

Information compiled from Hruby and Montgomery (1988), OLISP (1994), USDA SCS (1994), Wheelwright (1996), and